

WHO WE ARE

The Purdue Extension Nutrition Education Program (NEP) works to make the healthy choice the easy choice where limited-resource Hoosiers live, eat, work, play and shop. The program is supported by two U.S. Department of Agriculture (USDA) educational programs: the Supplemental Nutrition Assistance Program Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP).



NUTRITION | PHYSICAL ACTIVITY | FOOD SAFETY | FOOD SECURITY | FOOD RESOURCE MANAGEMENT

Nutrition Education Program Advisors provide fun, engaging, and free nutrition education lessons to youth and adults. Our hands-on programs teach new skills that can be used at home every day – from meal planning, grocery shopping and cooking tips to simple solutions for healthy eating and physical activity.

# 21,413

**PARTICIPANTS**

*youth & adults, SNAP-Ed & EFNEP*

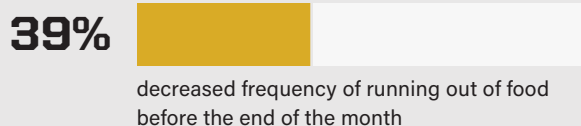
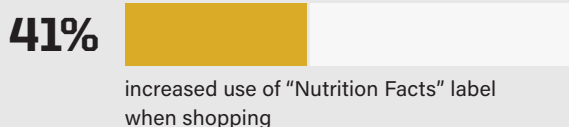
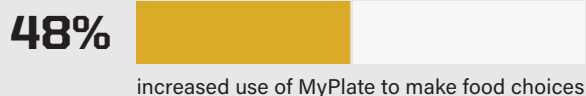
# 9,775

**LESSONS**

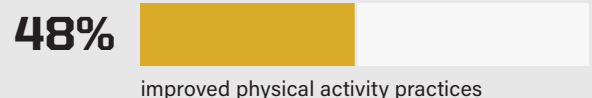
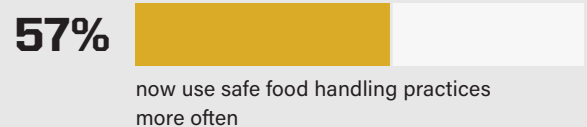
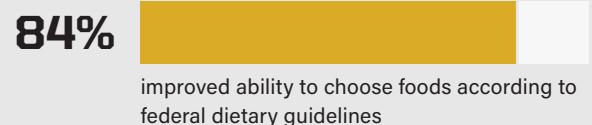
*SNAP-Ed & EFNEP*

DIRECT EDUCATION

## SNAP-ED ADULTS



## EFNEP YOUTH



If you're interested in joining an in-person or virtual nutrition education lesson, visit us online at [www.eatgathergo.org/free-programs](http://www.eatgathergo.org/free-programs).

Community Wellness Coordinators (CWCs) collaborate with community partners to increase nutrition and physical activity access. The Purdue Extension NEP partners with sites across Indiana to **TRANSFORM COMMUNITIES**. In 2020, CWCs collaborated with **1,315** active partners on **414** initiatives to enhance nutrition and physical activity environments to support healthy living. These initiatives reached approximately **540,140** Hoosiers.

COMMUNITY WELLNESS

- ▶ **74 SITES** implemented food or seed donations
- ▶ **55 SITES** implemented community or school gardens
- ▶ **33 SITES** implemented playground, parks, trails, lighting, or landscaping improvement initiatives
- ▶ **22 NEW JOBS** were created within communities to support CWC initiatives; 6 existing positions were protected
- ▶ An estimated **\$9.3 MILLION** in outside resources was garnered to support CWC initiatives

In March 2020, NEP adapted programming efforts in response to the COVID-19 pandemic. Direct education lessons shifted to virtual methods of delivery including: live Zoom/Webex, Google Classroom, pre-recorded YouTube videos, telephone conversations and Facebook Live private groups.

COVID-19 RESPONSE

**2,765**

**PARTICIPANTS**

*in virtual lessons*

**1,100**

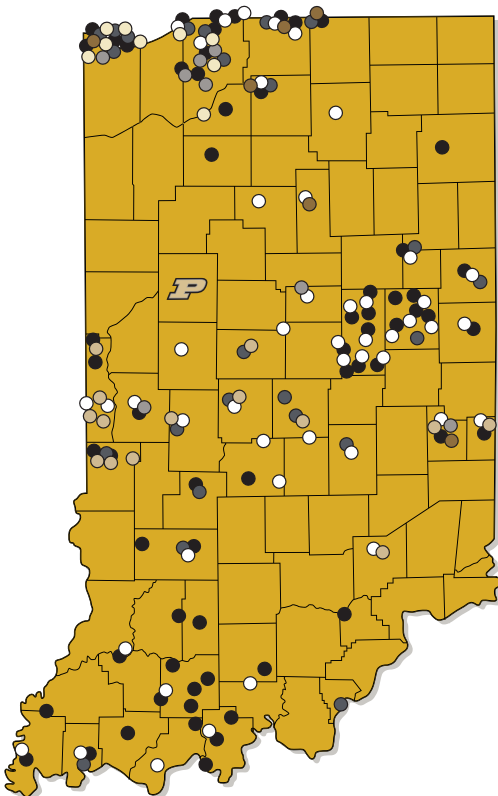
**LESSONS**

*delivered virtually*

**3,411**

**VIEWS**

*of pre-recorded lesson videos*



With the rise of food insecurity due to the pandemic, communities focused on projects aimed at increasing access to healthy food options. In 2020, CWCs were involved in the following food access initiatives:

- USDA Coronavirus Food Assistance Program (CFAP)  
Farmers to Families food box donations
- General food/produce donations to food pantries, food banks, schools, etc.
- Mobile food pantry donations
- Milk donations  
*Significant partner: Prairie Farms*
- Egg donations  
*Significant partner: HATCH*
- Cheese donations
- Meat donations